

Breakfast and Lunch Menu 'November'2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Uttapam Bean Curry, Chapati, Salad	2	3
4 Aloo Puri, Halwa Toor dal, Rice, Curd, Salad	5 Jam Toast Bread Kidney beans, Rice, Salad	6 Tomato Pasta Veg Aloo Beans, Chapati, Curd	7 Veg Okra, Chapati Moong dal khichdi, Curd	8 Veg Chilla Pea Paneer, Parantha, Salad	9	10
11 Veg Vermicelli Moong dal, Chapati, Salad	12 Veg Uttapam Veg Pulav, Curd	13 Dosa Sambhar, Coconut Chutney Veg aloo gobhi, Chapati	14 Stuffed Parantha Nutrella Chapati, Curd	15 Veg Uttapam Dal Makhani, Parantha	16	17
18 Stuffed Parantha Veg Okra, Chapati, Curd	19 Hakka Noodles Toor dal, Rice, Salad	20 Veg Sandwich Chick Pea, Curry, Rice, Salad	21 Veg Parantha Veg Kofta, Chapati, Salad	22 Poha Veg Pulav, Curd, Salad	23	24
25 Veg Chilla Mix Veg, Chapati, Curd	26 Veg Macaroni Mix dal, Rice, Salad	27 Idli Sambhar, coconut Chutney Veg Aloo Beans, Chapati	28 Uttapam Brown Chana, Rice, Salad	29 Pav Bhaji Nutrella Pea Chapati, Curd	30	